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YOUR GUIDE TO WHAT
IS HAPPENING IN THE
WORLD AROUND YOU



KNOCKOUTS FOR GIRLS

meet the girls who
fight for the rich to
give to the poor!



SIMIN HASHEMIZADEH



BRUCE WILLIS



DAWN CHRISTIE



ANTONIO SABATO JR.



MEGAN FOX

Knockouts for Girls

KNOCKOUTS FOR GIRLS

CHAMPS... IN AND OUT OF THE RING!

by *Suzanne Takowsky*
photos: *Claire Barrett*

MEET THE NEW GIRLS ON THE BLOCK OR SHOULD I SAY— IN THE BOXING RING? THESE GORGEOUS GALS DO MORE THAN STRUT THEIR STUFF IN MOVIES, ON TELEVISION AND IN MAGAZINES. THIS SELECT GROUP MAKE UP THE “KNOCKOUTS FOR GIRLS” A NON-PROFIT 501 ORGANIZATION THAT PUTS ON FEMALE BOXING EVENTS TO RAISE MONEY TO PROVIDE COLLEGE SCHOLARSHIPS, BOXING TRAINING AND MENTORING FOR UNDERPRIVILEGED GIRLS.

“Boxing is a discipline that gives one a true sense of empowerment and purpose. We give teenage girls the tools they need to better themselves,” states Pattianna Harootian, Co-Founder and President of, “Knockouts for Girls” and, one of the boxers who steps into the ring raising college scholarship funds for young girls struggling with personal and financial hardship in their lives. “Our program offers structure and

purpose, teaching these young women how to overcome disadvantages through perseverance and determination. As boxers, we can all attest to the empowerment that boxing supports. These skills carry over to all aspects of life. We hope a combination of boxing training, mentoring and an opportunity to further their education will encourage these girls to become independent, goal-oriented, strong minded women.”

vision turns into a goal and one day becomes a reality... “Knockouts for Girls.” After finishing college and carrying a sociology degree from UMASS, Amherst under her belt, Harootian spent several winters in ski towns, while enjoying summers on Nantucket. She returned to college to get her teaching credentials and a Masters Degree in Education. After graduating, she taught Drama and English at Fremont High School, in south central Los Angeles, before leaving to pursue a long awaited passion and goal: a career in writing. She is currently represented by ICM and hopes to publish soon. Harootian has always been an advocate for charity, volunteering her time to numerous

charities for years and deep down had hopes of one day starting her own charity.

Combining a love for boxing and a passion to help others through volunteer work, Harootian’s efforts soon brought forth “Knockouts for Girls” —with a lot help from her friends, of course! While waiting tables at the Ma’kal Lounge, in Santa Monica, California Harootian met the already-in-boxing-motion Parvati Shallow. The two became fast friends and Shallow’s love for adventure in the ring intrigued Harootian. Before you know it the two were parlaying their thirst for adventure and skill at boxing into celebrity exhibitions that garnered tons of local and national recognition.

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TOP L-R: PATTIANNA HAROOTIAN, MEGHAN MCCABE, PARVATI SHALLOW, LAURIE PAOLONE, LYDIA CALLINS
BOTTOM L-R: TANJAREEN MARTIN, CHRISTIE ABBOTT, YOLANDA EZELL

"This was a group effort. We took a long time to come up with our mission statement. It was important to us that we weren't going to help just for a day or a week, but that our program would have long term results and not just be a band-aid," said Harootian.

One "Knockout"—Lydia Callins grew up in foster care and knew first hand the hardships of an under-privileged life. Callins was instrumental when it came to developing the KO4G mission statement. The girls all decided that "Knockouts for Girls" had to be more than just a quick temporary fix for problems. It had to open a path to long-term lifestyle change with viable and work-able solutions. For this reason KO4G scholarship recipients are invited to train with the Knockouts at Crunch gym, a main sponsor of the charity located in West Hollywood. As well, each recipient is assigned a mentor who acts as a big sister. Through this mentoring program, KO4G offers physically challenging skill, combined with role modeling for recipients.

"We spent a lot of time creating an application to qualify the recipients," Harootian explained. "This program was created by women for women to encourage determination and motivation in making life goals that empower women to achieve whatever they want in life. Women can be sexy, athletic and capable at the same time."

One Interview That Can Change A Life!

Applicants are asked to respond to any two of a list of questions. KO4G is about helping and reaching out. They realize that many underprivileged girls may not be at high academic levels for many reasons. Pattianna taught at inner city high schools and is well aware of the disadvantages students at these schools have. They do not want to discriminate against any girls based on their academic abilities. Instead, they want to find girls with potential, determination and drive and through

their program, they hope to give their recipients the tools they need to achieve academic success and become good candidates for college. Questions applicants can choose from:

- Why should we choose you?
- Can you benefit from boxing training?
- How will a scholarship help you?
- What makes you happy?
- What is most challenging in school?
- What do you excel in?
- What helps you overcome fear?
- Recall a fond childhood memory?
- Who do you admire and why?
- Tell us about an altruistic act you performed. How did it make you feel?
- If you were wealthy and didn't need to work to earn a living, what would you do with your life?

The "Knockouts" have received tons of encouragement and press worldwide for their dream-to-goal-to-reality scholarship quest. Their boxing matches have drawn attention from all media outlets, but none so dramatic as recently when Parvati Shallow, one of the original KNOCKOUTS, brought international attention to the boxing group by winning the million dollar prize for last to stand on the hit TV show, "Survivor." Dedicated to the success of the "Knockouts" Shallow donated part of her winnings to KO4G. "Our success is due to the dedication and on-going involvement of so many," stated Harootian. "Michelle Chase, Lydia Castro, Yolanda Ezell, Tanjareen Martin, Laurie Paolone, Lydia Callins, Amanda Adkins, Wendy Augustine, Keanna Williams, Crunch Gym (Hollywood), LA Boxing (Costa Mesa); MagnaFlow Performance Exhaust; Boulevard 3, The Big J Company and so many other KNOCKOUTS and countless other donors and sponsors have been incredibly instrumental in helping us reach our goals."

Check out "Knockouts for Girls" at their next event; Tuesday, June 24th; at Boulevard 3, in Hollywood; 8:00 PM. Visit their website for information.

SPONSOR A "KNOCKOUTS FOR GIRLS" EVENT

OR DONATE FUNDS FOR A SPECIFIC EVENT BY CALLING: 818-605-8151
DONATIONS/CONTRIBUTIONS ARE APPRECIATED.

RECEIPTS/EIN NUMBER: INFO@KNOCKOUTSFORGIRLS.ORG

ALL PROCEEDS DIRECTLY SUPPORT THE NON-PROFIT ORGANIZATION

"KNOCKOUTS FOR GIRLS" RAISING MONEY TO PROVIDE COLLEGE SCHOLARSHIPS, MENTORING, AND BOXING TRAINING TO UNDERPRIVILEGED GIRLS.

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Founder
FOUNDER

Pattianna Harootian, co-founder and President of KO4G, has done volunteer work most of her life, including teaching gymnastics to special needs children when she was in junior high, giving a year of service upon college graduation in which she taught Art and Physical Education in southeast Washington, DC and training her dog to be a therapy dog so that they could visit with hospital patients. Pattianna has a BA in Sociology and a Masters Degree in Education. Most recently she taught English and Drama at Fremont High School in south central Los Angeles before leaving the profession to pursue a life-long



PATTIANNA HAROOTIAN

dream of a career as a writer. She is currently represented by ICM and hopes to publish soon. She began boxing when recruited by fellow KNOCKOUT Parvati Shallow and it wasn't long before she was hooked on the sport. With the help of many of her fellow KNOCKOUTS, she combined her love for boxing with her passion for volunteer work to form KNOCKOUTS for GIRLS.



PARVATI SHALLOW

CBS HIT SHOW "SURVIVOR"
MILLION DOLLAR WINNER
PARVATI SHALLOW.
LAND, SEA & BOXING RING...
SHALLOW SHOWS WOMEN OF
ALL AGES THAT DETERMINATION AND
PERSEVERANCE PAY OFF!

Florida born Parvati Shallow was 12 years old when her family moved to Atlanta, Georgia. She graduated with honors from University of Georgia, with a degree in Journalism and minors in French & Italian. Not one to shy from a challenge, Shallow moved to LA to pursue a PR career, but realized the corporate world was not for her. She got a bartending job and ventured into the world of boxing, discovering enthusiasm for the sport. By 2004 she had added "boxer" to her resume and met some very independent, strong minded women; one was Pattianna Harootian. Shallow parlayed social skills, a love of adventure and athletic ability into a 6th place finish on CBS's hit reality show "SURVIVOR Cook Islands." In 2007, CBS invited her to return for, "SURVIVOR Fans vs. Favorites." Competing against 17 contestants she lasted 36 days on the island by posing as the biggest threat and was named sole survivor in May 2008, winning one million dollars! Shallow is PR coordinator for "Knockouts for Girls" charity, an actress and entertainment host. She just finished filming, "The Reef" with Director Stephen Derek, due out May 2009.